

Activity – OUR CHOICES

Session 7 – IMPRINT+ Training course



IMPRIINT+



Co-funded by the
Erasmus+ Programme
of the European Union

2015-1-PT01-KA201-012976

Activity: Our Choices - Why we do, what we do

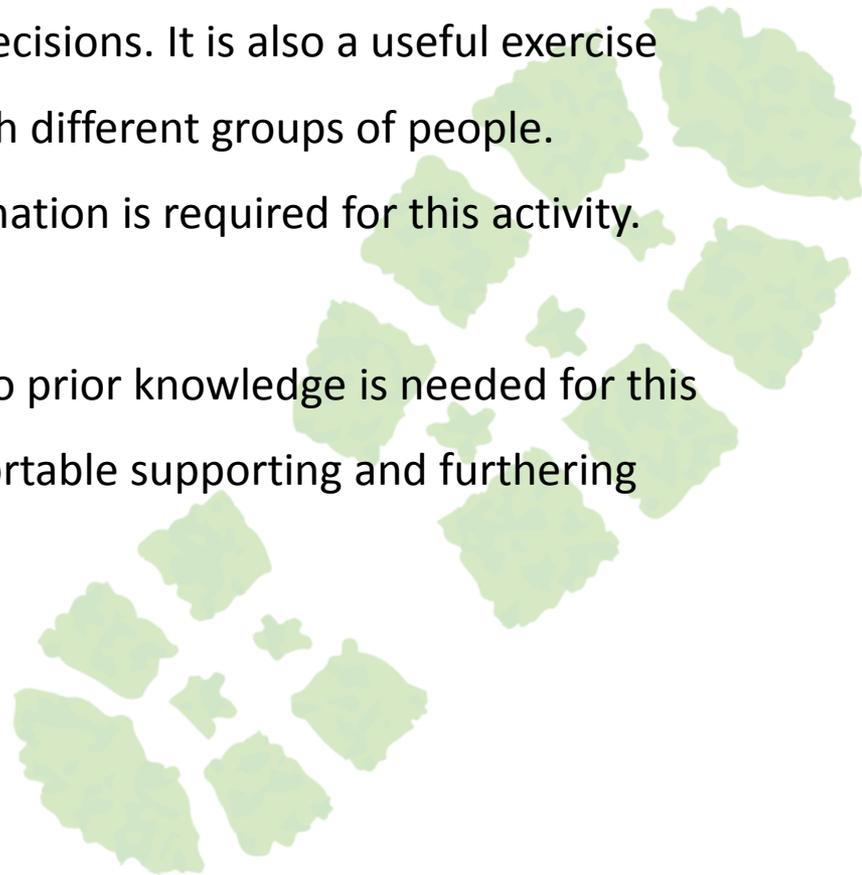
Learning goals: The aim of this activity is to engage participants in discussion and thought about the factors that influence their decisions. It is also a useful exercise when thinking about trying to communicate with different groups of people.

Background information: No background information is required for this activity.

Suitable for 14 + years.

Prior Knowledge Needed (*For the facilitator*): No prior knowledge is needed for this activity, however the facilitator should be comfortable supporting and furthering group discussions.

Duration: 20-30 minutes



Room organization: There are no special instructions for room set up.

Support material: One or more sets of the activity discussion cards. These can be printed from the last two pages of this tutorial.



Instructions:

Depending on the size of your group, you may wish to split them into groups. If there are more than 6 people, it is recommended to divide into groups of 6 and give each group one full set of the discussion cards. If the group no's are higher than this, it can be hard for everyone to take part.

First introduce the question of why do we do what we do? In other word's what influences our decisions. Why do we choose to recycle or not? Why do we decide to stop at red lights or to drive on? To do our homework or not?

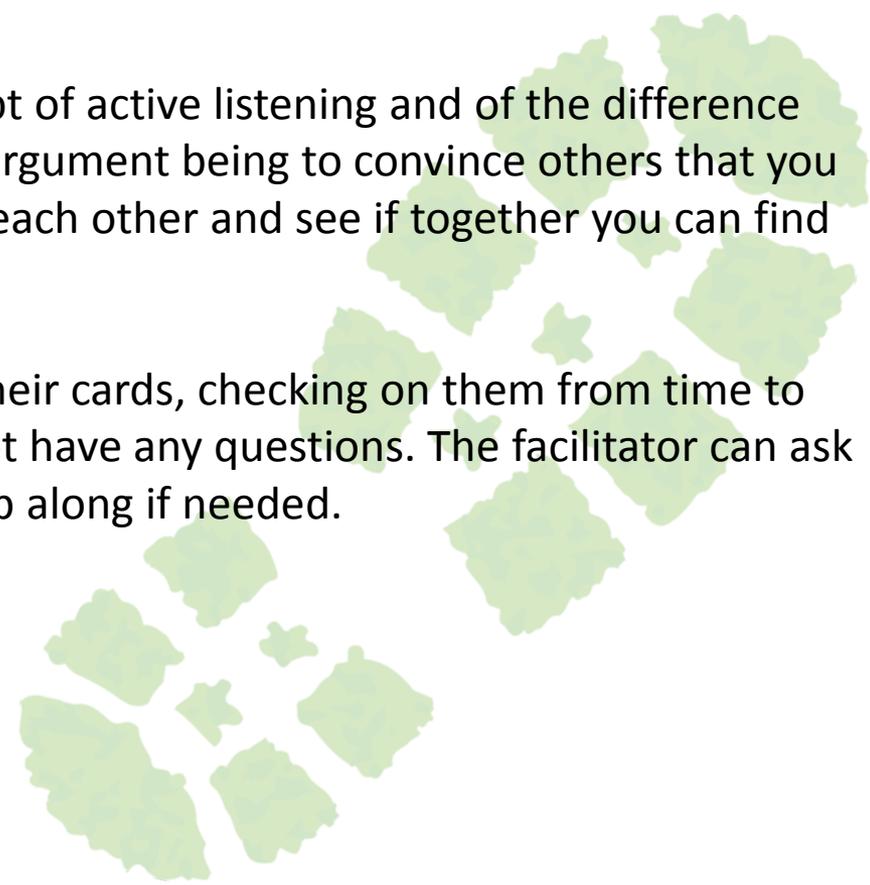
The group should work to find a consensus between them as they put in order the phrases that most influences their decision making 1 being the most important and 9 being the least important.

This can be done as a group activity or a solo activity, however working as a group tends to produce more productive and interesting discussion.

Instructions:

It is useful to remind the participants of the concept of active listening and of the difference between argument and discussion. The aim of an argument being to convince others that you are right. The aim of a discussion is to understand each other and see if together you can find an answer to a question.

The facilitator should leave the groups to discuss their cards, checking on them from time to time to ensure they are progressing well and do not have any questions. The facilitator can ask some leading questions if needed to help the group along if needed.



Discussion/Reflection Questions:

- Did your group struggle to reason a compromise? Why do you think that was?
- Were you surprised by other people's answers?
- Were there any other influences that were not on the cards that would be very strong influences for you?
- How can this understanding help us to teach environmental ethics and behaviours?

